

KOKUBASHIN HA KARATE DO

MUDANSHA KATA SHOKAI - YUDANSHA KATA SHOKAI

Note: "Ho" Indicates an Apprentice Grade

Approved by Shihan Hugh Kelley, Shihan Patrick Delaney and Shihan Charles Thomas

No.	Kata Name	Meaning	FOR RANK	TIME IN GRADE
1	Empi Roppo	Elbow Six Ways	Kyu Gai Novice White Belt	0 weeks
2	Shiho No Ho	Four Ways	Jukyu 10 th Class White Belt w/Black Stripe	
3	Ten No Kata	Heaven's Form	Jukyu 10 th Class White Belt w/Black Stripe	12 weeks
4	Chi No Kata	Earth Form	Kukyu Ho 9 th Class Yellow Belt w/Black Stripe	6 weeks
5	Taikiyoku Shodan	First Cause	Kukyu 9 th Yellow Belt	6 weeks
6	Taikiyoku Nidan	First Cause	Hachikyu Ho 8 th Class Gold Belt/Black Stripe	6 weeks
7	Taikyoku Sandan	First Cause	Hachikyu 8 th Class Gold Belt	6 weeks
8	Heian Shodan	Peaceful Mind	Nanakyu Ho 7 th Class Orange Belt/Black Stripe	6 weeks
9	Heian Nidan	Peaceful Mind	Nanakyu 7 th Class Orange Belt	6 weeks
10	Heian Sandan	Peaceful Mind	Rokukyu Ho 6 th Class Green Belt /Black Stripe	6 weeks
11	Heian Yondan	Peaceful Mind	Rokukyu 6 th Class Green Belt	6 weeks
12	Heian Godan	Peaceful Mind	Gokyu Ho 5 th Class Blue Belt w/Black Stripe	6 weeks
13	Tekki Shodan	Sideways Fighting	Gokyu 5 th Class Blue Belt	6 weeks
14	Tekki Nidan	Sideways Fighting	Yonkyu Ho 4 th Class Purple Belt w/Black Stripe	8 weeks
15	Tekki Sandan	Sideways Fighting	Yonkyu 4 th Class Purple Belt	8 weeks
16	Bassai Dai	Penetrate A Major Fortress	Sankyu 3rd Class Brown Belt	12 weeks
17	Jion	Compassion Sound Form	Nikkyu 2nd Class Brown Belt	12 weeks
18	Kanku Dai	Looking Skyward Form	Ikkyu 1 st Class Brown Belt w/Black Stripe	12 weeks

19	Hangetsu Kata	Half Moon Form	Shodan Ho Black Belt Apprentice	1 year
20	Empi Kata	Flying Swallow Form	Shodan 1st Grade Black Belt	2 years
21	Giin Kata	Compassion Ground Form	Nidan 2nd Grade Black Belt	
22	Meikyo Kata	Mirror Of The Soul Form	Nidan 2nd Grade Black Belt	3 years
23	Kanku Sho Kata	Looking Skyward Form	Sandan 3rd Grade Black Belt	
24	Bassai Sho	Penetrate A Minor Fortress	Sandan 3rd Grade Black Belt	
25	Jitte Kata	Ten Hands Form	Sandan 3rd Grade Black Belt	4 years
26	Chintei Kata	Small Hands Form	Yondan 4th Grade Black Belt	
27	Gankaku Kata	Crane On A Rock Form	Yondan 4th Grade Black Belt	
28	Sochin Kata	Preserve Peace (Rooted) Form	Yondan 4th Grade Black Belt	4 years
29	Nijushiho Kata	Twenty Four Steps Form	Godan 5th Grade Black Belt	
30	Wankan Kata	Pine Tree in the Wind Form	Godan 5th Grade Black Belt	
31	Gojushiho Sho Kata	Fifty-four Steps Form	Godan 5th Grade Black Belt	5 years
32	Gojushiho Dai Kata	Fifty-four Steps Form	Rokudan 6 th Grade Black Belt	
33	Unsu Kata	Parting The Clouds Form	Rokudan 6 th Grade Black Belt	6 years

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In addition to the aforementioned Karate Do Kata, each Kokubashin Ha Karate Do Student MUST also learn the following Kobudo Kata for the Karate Do Rank listed.

Approved by Shihan Hugh Kelley and Shihan Wesley Lambert

34	Shu Shi No Kon Bo Kata	1st Rokushakubo Form	Sankyu 3 rd Class Brown Belt	
35	Cho Un No Kon Bo Kata	2nd Rokushakubo Form	Nikyu 2 nd Class Brown Belt	
36	Saku Gawa No Kon Bo	3rd Rokushakubo Form	Ikkyu 1st Class Brown Belt	
37	Tsu Ken No Kon Bo Kata	4th Rokushakubo Form	Shodan Ho Black Belt Apprentice	
38	Hamahiga Tonfa Kata	1st Tonfa Form	Shodan 1st Grade Black Belt	
39	Tsun Kuwa Kata	2nd Tonfa Form	Nidan 2nd Grade Black Belt	
40	Kobu Nunchaku Shodan	1st Nunchaku Form	Sandan 3rd Grade Black Belt	
41	Kobu Nunchaku Nidan	2nd Nunchaku Form	Yondan 4 th Grade Black Belt	
42	Koh Bu Nicho Gama Kata	Kama Form	Yondan 4 th Grade Black Belt	
43	Ryusho-no Sai Kata	Flying Dragon Sai Form	Godan 5th Grade Black Belt	
44	Ni Cho Zai Kata	Famous two Sai Form	Godan 5th Grade Black Belt	
45	San Cho Zai Kata	Famous three Sai Form	Rokudan 6th Grade Black Belt	

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Post Office Box 8252
Glendale, California 91224 USA
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